



Sensitive Teeth after a Filling

The expectation after dental work is that the problem has been fixed. However, in some cases a tooth will continue or even increase in discomfort. This is a well-known process in dentistry and has a name: postoperative sensitivity. Lectures and papers have been written on the topic, but unfortunately the problem persists. Please follow the written instructions to address postoperative sensitivity.

- o Take prescription given by our office: Medrol Dose Pack & Ibuprofen 800mg
- o Use MI Paste each day.
- o Wear custom whitening trays each day with 5% fluoride gel
- o Chlorhexidine rinse daily for 1 week each month

The sensitivity will usually subside in 2-4 weeks using this regimen. If it doesn't, we might be dealing with a more severe inflammation of the nerve and further treatment might be needed.