



## **PAIN CONTROL INSTRUCTION**

It's very important to follow this – more effect than any possible opioid combination

**Take THREE OTC strength (200mg) Ibuprofen (Advil) tablets at the same time with ONE (500mg) Acetaminophen (Tylenol) every SIX HOURS (by the clock!)**

**Continue this for first 48 hours even if you are having no discomfort.**

Taking it by the clock for the first 48 hours is key to this drug regimen working properly and relieving your pain.